

Wyldwoods **Carers Courses Nov 19- March 20**

Felt Scarves - Tuesday 12th November

A chance to create colourful wet felted scarves and upcycle silk and chiffon scarves.

Embellish with hand stitching, dry needling and beads..

Woolly Weaving - Tuesday 19th November

Use up odd wool, fabric and threads on a small weaving loom to create a decorative hanging.

Colourful Enamelling - Tuesday 26th November

Explore embedding, sgraffito and decorative inlay techniques to create beautiful tiles, bowls and jewellery by fusing enamel powders onto copper.

Pewter Casting - Tuesday 3rd & 10th December

Carve plaster of Paris molds, pour in molten pewter & cast into jewellery, hangings and Christmas decorations.

Creative Day with Paints, Fabric & Wood— Tuesday 17th December

A chance to experiment with water colours, acrylics, oils, pastels, wood blocks and fabric to work on a festive project using a variety of materials at Wyldwoods in our last session before Christmas.

Designing with Texture - Tuesday 7th,14th,21st,28th January, 4th & 11th February

Priority will be given to those who completed the previous Design with Line and Colour modules as this course is intended to further develop knowledge of design using innovative textural techniques and will end with a presentation of portfolios and finished pieces.

Nature Printed Books— Tuesday 25th February & 3rd March

We will be taking inspiration from nature, using leaves, pressed flowers and bark to create eco prints and mono prints to cover and line individual notebooks or folders.

Herbs and Health Tuesday 10th, 17th,24th & 31st March

Learn how to forage and identify medicinal and culinary plants to use in your own healing tea blends and salves. Relax and look after your body with tai chi exercises and shiatsu massage techniques.

All sessions run from 10am to 2pm in the brick barn located in the beautiful woodland *Wyldwoods* setting and are free to carers with lunch provided.

Tutor : Jo Jukes. Small charge for materials, donations welcome.

To book contact steph.brett@wyldwoods.co.uk Tel:01952 884224 mobile: 07816 113539

